

	APOLLO HOSPITALS, SECUNDERABAD	COP – 15
		Issue: C
	POLICY ON OBSTETRICS & ANTENATAL CARE	Date: 06-01-2017
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PREPARED BY: Medical Superintendent		APPROVED BY: Chief Executive Officer

1.0 Purpose

Policies and procedures guide the obstetrics & ante-natal service (assessment, immunization, diet counseling and frequency of visit).

2.0 Scope

Hospital-wide

3.0 Procedures

3.1 The hospital shall NOT provide high risk obstetric services**.

For other patients:

New Patient - Assessment to be done in Out-patient assessment sheet.

- Personal Details
- Obstetric History
- Family History (if relevant)
- Past Medical History (if relevant)
- Current Pregnancy
- Blood Reports details entered in antenatal card (available with the patient)
- Immunization Details entered in antenatal card (available with the patient)
- Antenatal Visits – Vital / Notes in antenatal card
- Nutritional Advice: Nutritional screening is done and Maternal Nutrition advice chart which includes sample meal is given. For Women requiring specific diet

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advise or Nutritional assessment, they are referred to Dietician and document the same in Antenatal Card.

3.2. Based on patient clinical condition periodic re-assessment shall be done to ensure good health of mother & fetus.

**A high risk pregnancy is one in which some condition puts the mother, the developing fetus, or both at higher-than-normal risk for complications during or after the pregnancy and birth. Certain conditions or characteristics, called risk factors, make a pregnancy high risk. Doctors identify these factors to determine the degree of risk for a particular woman and baby and thus to provide better medical care.

The high risk cases could be pre term labor, premature rupture of membranes, antepartum hemorrhage, HELLP syndrome and multiple pregnancies.

Annexure: Antenatal Card.